

Beaver Meadow Nature Center

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Bascamps.wordpress.com



Day Camp 2009 What-to-Bring List

Thank you for registering your child for an Audubon Day Camp program! We will do our best to make sure your child has a wonderful time and learns plenty. Here's what you can do to help:

Every Day:

Exploring nature is a dirty job. Please dress your children in play clothes! **We will get muddy**, even in the best of weather. We promise. Also, to avoid blisters and other possible injuries, we require that children **wear shoes and socks – no sandals, crocs or clogs**.

Send your child with a **small day pack or book bag** with the following:

- A **lunch**
- A **water bottle**. (If your child prefers cold water, fill 1/3 full and put in freezer without the cap the night before. Fill and cap in the morning.
- Please avoid drink boxes as we don't want to fill up the landfills.
- A **hat** is great for keeping sun out of your eyes and bugs out of your hair.
- If you want to send insect repellent, we recommend lotion, roll-on or wipes. Please do **NOT** send sprays. Despite our warnings and scolding, spray always ends up in campers' eyes. For safe handling of critters after application, we recommend Herbal Armour brand. It does not contain ingredients that may harm salamanders or frogs.
- If you want to send sunscreen, please send lotion or roll-on, not spray, for the same reason.



First Day:

- Please send a **complete change of clothing on pond day**, including underwear, socks, and shoes. Make sure everything is labeled with your child's name. Put everything in a plastic bag, also labeled with your child's name.
- If you haven't sent it in advance, be sure to bring your child's **health form**.
- If your child will need **medications or an inhaler** during camp, make sure it is in the pack and that you notify the Camp Director when you sign in.

Last Day:

On the last day of camp, please plan to arrive **early** to pick up your child. The nature of the closing will vary from week to week and from camp to camp, but this is certain: Your child will want to show you around and brag about the things he or she has done.

Exploration Camp:

Exploration campers should follow the same list as above for the beginning of the week. A list will be sent home for the overnight portion of our camp.

